

Lisdowney NS, Scoil Bhríde Anti-Bullying Policy



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Introduction

In accordance with the requirements of the Education (Welfare) Act 2000 and the code of behaviour guidelines issued by the NEWB (TUSLA), the Board of Management of Lisdowney NS, Scoil Bhríde Primary School has adopted the following anti-bullying policy within the framework of the school's overall code of behaviour. This policy fully complies with the requirements of the Anti-Bullying Procedures for Primary and Post Primary Schools which were published in September 2013.

Children First National Guidance 2017 outlines that bullying can be defined as repeated aggression – whether it be verbal, psychological or physical – that is conducted by an individual or group against others. Children First National Guidance 2017 describes bullying as behaviour that is intentionally aggravating and intimidating, and occurs mainly among children in social environments such as schools. It includes behaviours such as physical aggression, cyber bullying, damage to property, intimidation, isolation/exclusion, name calling, malicious gossip and extortion. Bullying can also take the form of identity abuse based on gender, sexual preference, race, family background, ethnicity and religious factors. With developments in modern technology, children can also be the victims of non-contact bullying, via mobile phones, the internet and other personal devices.

This policy must be read in conjunction with the schools overall Code of Behaviour and existing Anti-Bullying measures and procedures.

Children First National Guidance 2017 and the Anti-Bullying Procedures provide that in cases of serious instances of bullying where the behaviour is regarded as possibly abusive, a referral may need to be made to Tusla or An Garda Síochána as appropriate. Where school personnel have concerns about a child arising from alleged bullying behaviour but are not sure whether to report the matter to TUSLA, the designated liaison person shall seek advice from Tusla in accordance with the procedures set out in Chapter 5 of Child Protection Procedures for Primary and Post-Primary Schools 2017.

The Board of Management of Lisdowney NS, Scoil Bhríde recognises the very serious nature of bullying and the negative impact that it can have on the lives of pupils and is therefore fully committed to the following key principles of best practice in preventing and tackling bullying behaviour:

In Lisdowney NS, Scoil Bhríde we promote:

- **A positive school culture and climate which**
 - **is welcoming of difference and diversity and is based on inclusivity;**
 - **encourages pupils to disclose and discuss incidents of bullying behaviour in a non-threatening environment; and**
 - **promotes respectful relationships across the school community**

Lisdowney NS, Scoil Bhríde Anti-Bullying Policy

At Lisdowney NS, Scoil Bhríde we consider the following to be key elements of a positive school culture:

- All are expected to respect the integrity of the child's family, be it two parent, single parent, foster parent, grandparent, guardian, blended family, significant other or LGBT parents.
- We acknowledge the right of each member of the school community to enjoy school in a secure environment.
- We acknowledge the uniqueness of each individual and their worth as a human being.
- We promote positive habits of self-respect, self-discipline and responsibility among all its members.
- We actively prohibit vulgar, offensive, sectarian or other aggressive behaviour by any of its members.
- We have a clear commitment to promoting equity in general and gender equity in particular in all aspects of its functioning.
- We have the capacity to change in response to its pupils needs.
- We identify aspects of the curriculum through which positive and sustainable influences can be exerted towards forming pupils' attitudes and values.
- We take particular care of "at risk" pupils and uses its systems to identify needs and facilitate early intervention where necessary – thus responding to the needs, fears and anxieties of individual members in a sensitive manner.
- Lisdowney NS, Scoil Bhríde recognises the need to work in partnership with and keep parents informed on procedures to improve relationships within the school community.
- We recognise the right of parents to share in the task of equipping pupils with a range of life skills.
- We recognise the role of other community agencies in preventing and dealing with bullying.
- We promote habits of mutual respect, courtesy and an awareness of the interdependence of people in groups and communities.
- We promote qualities of social responsibility, tolerance and understanding among its members both in school and outside of school.
- Staff members share a collegiate responsibility, under the direction of the Principal, to act in preventing bullying/aggressive behaviour by ANY Member of the school community.

(b) Effective leadership

- The BOM has overall responsibility to ensure that this policy is effective, sustainable and measured. The BOM ensures that accountability is of the highest standard and frequently appraise the outcomes of the strategies and measures contained within the policy.
- ISM Team – Mairead Dowling, Niamh O'Donovan and Geraldine Tynan have a clear role to act in a leadership capacity within the school community, stimulating a whole school approach to preventing and tackling bullying – and modelling best practice.
- The Principal of Lisdowney NS, Scoil Bhríde as key leader strongly influences attitudes and sets standards in relation to dealing with bullying.
- Teachers act as good role models and do not misuse authority, but are fair, clear and consistent in their disciplinary measures.

(c) A school-wide approach

- A whole community approach to the problem of bullying is taken and Lisdowney NS, Scoil Bhríde School community comprises of management, teachers, non-teaching staff, pupils, parents/guardians.

Lisdowney NS, Scoil Bhríde Anti-Bullying Policy

- Beyond the school community, bullying behaviour may extend to outside of school. Where this negatively impacts on a school – parents and pupils have a responsibility to support the school in helping to address the issue. This applies particularly (but not exclusively) to cyber bullying.
 - The assistance of Gardaí, Tusla and Community Workers may be required in some cases.
 - Collective vigilance is expected throughout the whole school/community sector to identify and deal with issues around bullying in a fair and equitable manner.
- (d) A shared understanding of what bullying is and its impact**
- Lisdowney NS, Scoil Bhríde endeavours to put in place appropriate systems to ensure that ALL relevant members of the school community (parents, pupils, staff and the wider community) have a shared understanding of what constitutes bullying behaviour as defined in this policy (*Section 2 & E of Anti Bullying Procedures for Primary and Post Primary Schools*).
- (e) Implementation of education and prevention strategies (including awareness raising measures) that-**
- build empathy, respect and resilience in pupils;
 - explicitly address the issues of cyber-bullying and identity-based bullying including in particular, homophobic and transphobic bullying; and
 - effective supervision and monitoring of pupils.
- (f) Effective supervision and monitoring of pupils**
- Staff member have a distinct responsibility to ensure that supervision of pupils in class is effective and consistent.
 - Supervision in playground areas is managed and conducted effectively, with particular attention given to 'hot spots' or 'hot times' e.g. arrival and dismissal. The incident book is used to record all incidents daily and parents notified if deemed necessary.
 - Student Council are consulted and engaged in a supervisory role, suitable to their capacity and understanding of the issues involved both in class and in the playground.
 - Office staff are well placed to inform if any behaviour which may constitute bullying is noticed.
- (g) Supports for staff**
- The school promotes regular discussion and review of policy and procedures to support staff on a continuous basis.
 - All staff have a uniform interpretation of what is expected in relation to bullying, how to identify possible bullying behaviours, how to manage disclosures and how to deal effectively with incidents of bullying within the classroom context.
 - Staff are aware that supporting one another is a key aspect of prevention and new/inexperienced members of staff are given every opportunity to discuss concerns and model best practice.
 - CPD in relation to Anti Bullying Strategies will be supported and encouraged for all members of staff.
- (h) Consistent recording, investigation and follow up of bullying behaviour (including use of established intervention strategies); and**
- (i) On-going evaluation of the effectiveness of the anti-bullying policy.**

Lisdowney NS, Scoil Bhríde Anti-Bullying Policy

Definition of Bullying

3. In accordance with the Anti-Bullying Procedures for Primary and Post-Primary Schools bullying is defined as follows:

Bullying is unwanted negative behaviour, verbal, psychological or physical conducted, by an individual or group against another person (or persons) and which is repeated over time.

The following types of bullying behaviour are included in the definition of bullying:

- deliberate exclusion, malicious gossip and other forms of relational bullying,
- cyber-bullying and
- identity-based bullying such as homophobic bullying, family background, racist bullying, bullying based on a person's membership of the Traveller community and bullying of those with disabilities or special educational needs.

Isolated or once-off incidents of intentional negative behaviour, including a once-off offensive or hurtful text message or other private messaging, do not fall within the definition of bullying and should be dealt with, as appropriate, in accordance with the school's code of behaviour.

However, in the context of this policy, placing a once-off offensive or hurtful public message, image or statement on a social network site or other public forum where that message, image or statement can be viewed and/or repeated by other people will be regarded as bullying behaviour.

Negative behaviour that does not meet this definition of bullying will be dealt with in accordance with the school's code of behaviour.

Additional information on different types of bullying is set out in Section 2 of the Anti-Bullying Procedures for Primary and Post-Primary Schools and **Appendix 1** of this document.

The Relevant Teacher

4. The relevant teacher(s) for investigating and dealing with bullying *in accordance with the Anti-Bullying Procedures for Primary and Post-Primary Schools – section 6:7.6, 6:7.7 – are as follows:*

Principal – Mairead Dowling

Deputy Principal – Mrs N O'Donovan

AP II – Geraldine Tynan

All class teachers - Liz Henderson, Catherine Murphy, Johanna Walshe, Amy Sweeney, Dymphna Maher

Care Team Members – Mairead Dowling, Niamh O'Donovan, Ann Kavanagh, Patricia Finnerty

Any teacher may act as a relevant teacher if circumstances warrant it.

Education and Prevention Strategies

5. The education and prevention strategies (including strategies specifically aimed at cyberbullying, homophobic and transphobic bullying) that will be used by the school are as follows (see Section 6.5 of the Anti-Bullying Procedures for Primary and Post-Primary Schools):

School-wide approach

- A school-wide approach to the fostering of respect for all members of the school community.
- The promotion of the value of diversity to address issues of prejudice and stereotyping, and highlight the unacceptability of bullying behaviour.

Lisdowney NS, Scoil Bhríde Anti-Bullying Policy

- The fostering and enhancing of the self-esteem of all our pupils through both curricular and extracurricular activities. Pupils will be provided with opportunities to develop a positive sense of self-worth through formal and informal interactions.
- Whole staff professional development on bullying to ensure that all staff develops an awareness of what bullying is, how it impacts on pupils' lives and the need to respond to it-prevention and intervention.
- An annual audit of professional development needs with a view to assessing staff requirements through internal staff knowledge/expertise and external sources.
- Professional development with specific focus on the training of the relevant teachers.
- School wide awareness raising and training on all aspects of bullying, to include pupils, parent(s)/guardian(s) and the wider school community.
- Supervision and monitoring of classrooms, corridors, school grounds, school tours and extracurricular activities. Non-teaching and ancillary staff will be encouraged to be vigilant and report issues to relevant teachers. Supervision will also apply to monitoring student use of communication technology within the school.
- Involvement of the student council in contributing to a safe school environment eg. Buddy system, mentoring, Lunchtime Buddies and other student support activities that can help to support pupils and encourage a culture of peer respect and support.
- Development and promotion of an Anti-Bullying code for the school is displayed publicly in classrooms and in common areas of the school. ONE NEEDED
- The school's anti-bullying policy is discussed with pupils and all parent(s)/guardian(s) of incoming pupils are given a copy as part of the Code of Behaviour.
- The school's anti-bullying policy will also be available to view in Parent's Room, secretary's office and on school website.
- The implementation of regular whole school awareness measures may include:
 - Friendship Week (Children will be taught strategies to help resolve conflict e.g. SALTStop, Ask, Listen. Talk
 - Questionnaires/surveys in senior classes
 - Agreed whole school time-tabling of lessons on anti-bullying (Stay Safe)
 - Assemblies
 - A dedicated notice board in the school and classrooms on the promotion of friendship, and bullying prevention;
- The implementation of NEPS programmes e.g. Friends for Life, Zippy's Friends, Incredible Years
- Encourage a culture of telling, with particular emphasis on the importance of bystanders. In that way pupils will gain confidence in 'telling'. It should be made clear to all pupils that when they report incidents of bullying they are not considered to be telling tales but are behaving responsibly.
- Ensuring that pupils know who to tell and how to tell, e.g.:
 - Direct approach to teacher at an appropriate time, for example after class.
 - Hand note up with homework.
 - Suggestion box
 - Make a phone call to the school or to a trusted teacher in the school.
 - Anti-bully or Niggle box? Worry Box
 - Get a parent(s)/guardian(s) or friend to tell on your behalf.
 - Administer a confidential questionnaire to pupils in senior classes.
 - Ensure bystanders understand the importance of telling if they witness or know that bullying is taking place.

Lisdowney NS, Scoil Bhríde Anti-Bullying Policy

- Identify clear protocols to encourage parents/guardians to approach the school if they suspect that their child is being bullied. The protocol should be developed in consultation with parents.
- The development of an Acceptable Use Policy in the school to include the necessary steps to ensure that the access to technology within the school is strictly monitored, as is the pupils' use of mobile phones.
- The listing of supports currently being used in the school and the identification of other supports available to the school.

Implementation of curricula

- The full implementation of the SPHE, RSE and Stay Safe Programmes.
- Continuous Professional Development for staff in delivering these programmes.
- School wide delivery of lessons on bullying from evidence based programme. These may include:
 - Stay Safe Programme
 - Walk Tall Programme
 - Anti-bullying Campaign.ie
 - Be Safe-Be Web Wise
 - HTML Heroes
 - Prim- Ed Cyber-Bullying Programme
 - Friends for Life
 - Zippy's Friends
 - Weaving Wellbeing
 - Mindful Matters
 - Friends First
 - Circle Time
 - Restorative Practice
 - Development of identity based bullying
 - Concerts and Choir
 - Hurling and Camogie training/matches
 - Green Schools
 - Students Council
 - Art Displays
 - School Trips
 - Zones of Regulation
 - Making the Link and Beyond (PDST)
 - Social Skills programme "Stop, Think, Do"
- Delivery of the Garda SPHE Programmes. These lessons delivered by the Community Guard, cover issues around personal safety and cyber-bullying
- Delivery of appropriate programmes by School Completion Programme e.g. Roots of Empathy.
- The school will specifically consider the additional needs of SEN pupils with regard to programme implementation and the development of skills and strategies to enable all pupils to respond appropriately.
- The school will implement the advice in "Sexual Orientation advice for schools" (RSE Primary, PDST Information Booklet).

Links to other policies:

Lisdowney NS, Scoil Bhríde Anti-Bullying Policy

○ Code of Behaviour	○ Child Protection Policy
○ Child Safeguarding Statement	○ Sporting Activities/Extra Curricular Activities Policy
○ Special Educational Needs	○ School Tours Policy
○ ICT and Acceptable Use Policy	○ Swimming Policy
○ Health and Safety	○ SEN Policy
○	○ Health & Safety Policy

6. The school's procedures for investigation, follow-up and recording of bullying behaviour and the established intervention strategies used by the school for dealing with cases of bullying behaviour are as follows (see Section 6.8 of the Anti-Bullying Procedures for Primary and Post-Primary Schools):

Procedures for Investigating and Dealing with Bullying

The primary aim in investigating and dealing with bullying is to resolve any issues and to restore, as far as is practicable, the relationships of the parties involved (rather than to apportion blame).

Every effort will be made to ensure that all involved (including pupils, parent(s)/guardians(s)) understand this approach from the outset.

Reporting bullying behaviour

- Any pupil or parent(s)/guardian(s) may bring a bullying incident to the relevant teacher in the school.
- A suspicion of bullying should be raised with the relevant class teacher first and then if necessary with the Principal.
- Parents are encouraged to make a phone call to arrange an appointment to speak with relevant class teacher if they suspect that their child is being bullied.
- All reports, including anonymous reports of bullying, will be investigated and dealt with by the relevant teacher.
- Teaching and non-teaching staff such as secretaries, special needs assistants (SNAs), bus escorts, caretakers, cleaners must report any incidents of bullying behaviour witnessed by them, or mentioned to them, to the relevant teacher;

Investigating and dealing with incidents:

- In investigating and dealing with bullying, the relevant teacher will exercise his/her professional judgement to determine whether bullying has occurred and how best the situation might be resolved;
- Parent(s)/guardian(s) and pupils are required to co-operate with any investigation and assist the school in resolving any issues and restoring, as far as is practicable, the relationships of the parties involved as quickly as possible;
- Teachers should take a calm, unemotional problem-solving approach;
- Where possible, incidents should be investigated outside the classroom situation to ensure the privacy of all involved;

Lisdowney NS, Scoil Bhríde Anti-Bullying Policy

- All interviews should be conducted with sensitivity and with due regard to the rights of all pupils concerned. Pupils who are not directly involved can also provide very useful information in this way;
- When analysing incidents of bullying behaviour, the relevant teacher should seek answers to questions of what, where, when, who and why. This should be done in a calm manner, setting an example in dealing effectively with a conflict in a non-aggressive manner;
- Questions to be asked when responding to challenging behaviour include:
 - What happened?
 - What were you thinking at the time?
 - What have your thoughts been since?
 - Who has been affected by what you did?
 - In what way have they been affected?
 - What do you think needs to happen next?
- Questions to be asked when responding to those harmed include:
 - What happened?
 - What were you thinking at the time?
 - What have your thoughts been since?
 - How has this affected you / others?
 - What has been the hardest thing for you?
- If a group is involved, each member should be interviewed individually at first. Thereafter, all those involved should be met as a group. At the group meeting, each member should be asked for his/her account of what happened to ensure that everyone in the group is clear about each other's statements;
- Each member of a group should be supported through the possible pressures that may face them from the other members of the group after the interview by the teacher; It may also be appropriate or helpful to ask those involved to write down their account of the incident(s)
- In cases where it has been determined by the relevant teacher that bullying behaviour has occurred, the parent(s)/guardian(s) of the parties involved may be contacted at an early stage to inform them of the matter and explain the actions being taken (by reference to the school policy). The school will afford parent(s)/guardian(s) the opportunity of discussing ways in which they can reinforce or support the actions being taken by the school and the supports provided to the pupils;
- Where the relevant teacher has determined that a pupil has been engaged in bullying behaviour, it should be made clear to him/her how he/she is in breach of the school's anti-bullying policy and efforts should be made to try to get him/her to see the situation from the perspective of the pupil being bullied;
- It must also be made clear to all involved (each set of pupils and parent(s)/guardian(s)) that in any situation where disciplinary sanctions are required, this is a private matter between the pupil being disciplined, his or her parent(s)/guardian(s) and the school;

Lisdowney NS, Scoil Bhríde Anti-Bullying Policy

Follow up and recording

- In determining whether a bullying case has been adequately and appropriately addressed the relevant teacher must, as part of his/her professional judgement, take the following factors into account:
 - Whether the bullying behaviour has ceased;
 - Whether any issues between the parties have been resolved as far as is practicable;
 - Whether the relationships between the parties have been restored as far as is practicable;
 - Any feedback received from the parties involved, their parents/guardian(s) or the school Principal or Deputy Principal.
- Follow-up meetings with the relevant parties involved should be arranged separately with a view to possibly bringing them together at a later date if the pupil who has been bullied is ready and agreeable.
- Where a parent(s)/guardian(s) is not satisfied that the school has dealt with a bullying case in accordance with these procedures, the parent(s)/guardian(s) should be referred, as appropriate, to the school's complaints procedures.
- In the event that a parent(s)/guardian(s) has exhausted the school's complaints procedures and is still not satisfied, the school must advise the parent(s)/guardian(s) of their right to make a complaint to the Ombudsman for Children.

Recording of bullying behaviour

It is imperative that all recording of bullying incidents must be done in an objective and factual manner.

The school's procedures for noting and reporting bullying behaviour are as follows:

Informal- pre-determination that bullying has occurred

- All staff must keep a written record of any incidents witnessed by them or notified to them. All incidents must be reported to the relevant teacher.
- While all reports, including anonymous reports of bullying must be investigated and dealt with by the relevant teacher, the relevant teacher must keep a written record of the reports, the actions taken and any discussions with those involved regarding same.
- The relevant teacher must inform the principal of all incidents being investigated.

Informal determination that bullying has occurred

- If it is established by the relevant teacher that bullying has occurred, the relevant teacher must keep appropriate written records which will assist his/her efforts to resolve the issues and restore, as far as is practicable, the relationships of the parties involved.
- The school in consultation with the relevant teacher/s should develop a protocol for the storage of all records retained by the relevant teacher.
- The relevant teacher must use the recording template at Appendix 2 to record the bullying behaviour in the following circumstances:
 - a) All confirmed cases of bullying behaviour must be recorded and reported immediately to the Principal or Deputy Principal as applicable.

Lisdowney NS, Scoil Bhríde Anti-Bullying Policy

- When the recording template Appendix 2 is used, it must be retained by the relevant teacher in question and a copy maintained by the principal.
- Teachers' records are retained in a secure space in the teachers classroom. All report templates given to the Principal will be retained in the filing cabinet in the Principles Office. Disciplinary notes will be retained indefinitely.
- The relevant teacher may consult with the Principal or Deputy Principal at any stage in relation to a case.

Established intervention strategies:

- Teacher interviews with all pupils
- Negotiating agreements between pupils and following these up by monitoring progress. This can be on an informal basis or implemented through a more structured mediation process.
- Working with parent(s)/guardian(s) to support school interventions.
- No Blame Approach.
- Circle Time.
- Restorative interviews.
- Restorative conferencing.
- Implementing sociogram questionnaires.
- Peer mediation where suitable training has been given.

The following intervention strategies can be used and referenced;

www.bullyingawarenessweek.org/pdf/BullyingPreventionStrategiesinSchools_Ken_Rigby.pdf

Lisdowney NS, Scoil Bhríde is committed to exploring these interventions further:

- The traditional successful disciplinary approach
 - Strengthening the victim
 - Mediation
 - Restorative Practice
 - The Support Group Method
 - The Method of Shared Concern
7. The school's programme of support for working with pupils affected by bullying is as follows (see Section 6.8.16 of the Anti-Bullying Procedures for Primary and Post-Primary Schools):
- All in-school supports and opportunities will be provided for the pupils affected by bullying to participate in activities designed to raise their self-esteem, to develop friendships and social skills and build resilience e.g.
 - Circle Time activities
 - SPHE Programmes e.g. Walk Tall, Zippy's Friends, Weaving Wellbeing Mindful Matters
 - NEPS - Friends for Life, Incredible Years
 - Art Therapy/Play Therapy
 - Quiet Room
 - The National Educational Psychological Service (NEPS)
 - If pupils require counselling or further supports the school will endeavour to liaise with the appropriate agencies to organise same. This may be for the pupil affected by bullying or involved in the bullying behaviour.

Lisdowney NS, Scoil Bhríde Anti-Bullying Policy

- Pupils should understand that there are no innocent bystanders and that all incidents of bullying behaviour must be reported to a relevant teacher.

8. Supervision and Monitoring of Pupils

The Board of Management confirms that appropriate supervision and monitoring policies and practices are in place to both prevent and deal with bullying behaviour and to facilitate early intervention where possible.

- There are agreed supervision and monitoring practices in the school.
- Mobile phones are not allowed.
- Mobile phones are not permitted on school tours/outings.
- Bullying danger spots have been identified as the playground, toilets, and corridors, school tours/trips, after school activities and swimming lessons.
- Parents and pupils have been consulted in the identification of these danger spots.
- Pupils will be involved as a resource to assist in counteracting bullying through the Student Council.
- In relation to Acceptable Use Policy in the school the following issues are addressed:
 - All Internet sessions are supervised by a teacher.
 - The school regularly monitor pupils' Internet usage within school time.
 - Pupils being instructed to access only those discussion forums and messaging or other electronic communication for a that have been approved by the school.

9. Prevention of Harassment

The Board of Management confirms that the school will, in accordance with its obligations under equality legislation, take all such steps that are reasonably practicable to prevent the sexual harassment of pupils or staff or the harassment of pupils or staff on any of the nine grounds specified i.e. gender including transgender, civil status, family status, sexual orientation, religion, age, disability, race and membership of the Traveller community.

10. This policy was reviewed and updated by the Board of Management in March 2022.
11. This policy has been made available to school personnel and is published on the school website. It is also available on request. A copy of this policy will be made available to the Department and the patron if requested.
12. This policy and its implementation will be reviewed by the Board of Management once in every school year. Written notification that the review has been completed will be made available to school personnel, published on the school website and is available on request. A record of the review and its outcome will be made available, if requested, to the patron and the Department.

Signed:

Brian Lyons 
Chairperson of Board of Management

Signed:  Mairead Dowling
Principal

Date

13 Sept 13th 2022

Lisdowney NS, Scoil Bhríde Anti-Bullying Policy

Appendix 1 Examples of bullying behaviours

Bullying Behaviours which Lisdowney NS, Scoil Bhríde has identified as relevant to our context.

<p>General behaviours which apply to all types of bullying</p>	<ul style="list-style-type: none"> • Harassment based on any of the nine grounds in the equality legislation e.g. sexual harassment, homophobic bullying, racist bullying etc. • Physical aggression • Damage to property • Name calling • Slagging • The production, display or circulation of written words, pictures or other materials aimed at intimidating another person • Offensive graffiti • Extortion • Intimidation • Insulting or offensive gestures • The “look” • Invasion of personal space • • A combination of any of the types listed.
<p>Cyber</p>	<ul style="list-style-type: none"> • Denigration: Spreading rumours, lies or gossip to hurt a person’s reputation • Harassment: Continually sending vicious, mean or disturbing messages to an individual • Impersonation: Posting offensive or aggressive messages under another person’s name • Flaming: Using inflammatory or vulgar words to provoke an online fight • Trickery: Fooling someone into sharing personal information which you then post online • Outing: Posting or sharing confidential or compromising information or images • Exclusion: Purposefully excluding someone from an online group • Cyber stalking: Ongoing harassment and denigration that causes a person considerable fear for his/her safety • Silent telephone/mobile phone call • Abusive telephone/mobile phone calls • Abusive text messages • Abusive email • Abusive communication on social networks e.g. Facebook/Ask.fm/ Twitter/You Tube or on games consoles • Abusive website comments/Blogs/Pictures • Abusive posts on any form of communication technology

Lisdowney NS, Scoil Bhríde Anti-Bullying Policy

Identity Based Behaviours Including any of the nine discriminatory grounds mentioned in Equality Legislation (gender including transgender, civil status, family status, sexual orientation, religion, age, disability, race and membership of the Traveller community).	
Homophobic and Transgender	<ul style="list-style-type: none"> • Spreading rumours about a person's sexual orientation • Taunting a person of a different sexual orientation • Name calling e.g. Gay, queer, lesbian, faggot ...used in a derogatory manner • Physical intimidation or attacks • Threats
Race, nationality, ethnic background and membership of the Traveller community	<ul style="list-style-type: none"> • Discrimination, prejudice, comments or insults about colour, nationality, culture, social class, religious beliefs, ethnic or traveller background • Exclusion on the basis of any of the above
Relational	<ul style="list-style-type: none"> • This involves manipulating relationships as a means of bullying. Behaviours include: • Malicious gossip • Isolation & exclusion • Ignoring • Excluding from the group • Taking someone's friends away • "Bitching" • Spreading rumours • Breaking confidence • Talking loud enough so that the victim can hear • The "look" • Use or terminology such as 'nerd' in a derogatory way
Sexual	<ul style="list-style-type: none"> • Unwelcome or inappropriate sexual comments or touching • Harassment
Special Educational Needs, Disability	<ul style="list-style-type: none"> • Name calling • Taunting others because of their disability or learning needs • Taking advantage of some pupils' vulnerabilities and limited capacity to recognise and defend themselves against bullying • Taking advantage of some pupils' vulnerabilities and limited capacity to understand social situations and social cues. • Mimicking a person's disability • Setting others up for ridicule

Lisdowney NS, Scoil Bhríde Anti-Bullying Policy

Appendix 2 Practical tips for building a positive school culture and climate

The following are some practical tips for immediate actions that can be taken to help build a positive school culture and climate and to help prevent and tackle bullying behaviour.

- Model respectful behaviour to all members of the school community at all times.
- Explicitly teach pupils what respectful language and respectful behaviour looks like, acts like, sounds like and feels like in class and around the school.
- Display key respect messages in classrooms, in assembly areas and around the school. Involve pupils in the development of these messages.
- Catch them being good - notice and acknowledge desired respectful behaviour by providing positive attention.
- Consistently tackle the use of discriminatory and derogatory language in the school – this includes homophobic and racist language and language that is belittling of pupils with a disability or SEN.
- Give constructive feedback to pupils when respectful behaviour and respectful language are absent.
- Have a system of encouragement and rewards to promote desired behaviour and compliance with the school rules and routines.
- Explicitly teach pupils about the appropriate use of social media.
- Positively encourage pupils to comply with the school rules on mobile phone and internet use.
- Follow up and follow through with pupils who ignore the rules.
- Actively involve parents and/or the Parents' Association in awareness raising campaigns around social media.
- Actively promote the right of every member of the school community to be safe and secure in school.
- Highlight and explicitly teach school rules in pupil friendly language in the classroom and in common areas.
- All staff can actively watch out for signs of bullying behaviour.
- Ensure there is adequate playground/school yard/outdoor supervision.
- School staff can get pupils to help them to identify bullying "hot spots" and "hot times" for bullying in the school.
 - Hot spots tend to be in the playground/school yard/outdoor areas, corridors
 - Hot times again tend to be times where there is less structured supervision such as when pupils are in the playground/school yard or moving classrooms.